



## ***Expanding Your Intervention Toolbox***

# Indiana Association of Behavioral Consultants Eleventh Annual Conference

November 1 and 2, 2018

The IN-ABC Annual Conference focuses solely on providing Behavior Consultants with educational opportunities to improve services for people we support. Professionals in related fields, community partners, parents, and students are all welcome to join us and benefit from the knowledge and expertise that this year's presenters will share.

Indiana Association of Behavioral Consultants (INABC) is the primary trade association in the state of Indiana founded for professionals who provide behavioral supports to people with developmental disabilities. This non-profit association was founded in 2003 to formulate and maintain a unified voice and representation to state and federal agencies.

INABC is an eclectic association and its membership includes professionals with degrees and training from a variety of human services specialties.

The majority of our members have master's or doctoral degrees in psychology, social work, behavior analysis or special education. As in the past, association membership is open to all, regardless of experience, degree, certification or licensure.

INABC exists to serve the interests of its members and behavioral support providers within peoples' homes, communities, schools and treatment centers. Our commitment to both our membership and our partners is to build a thriving profession based on best practice, effective standards, and ethical leadership.

If you are not already an INABC member, we look forward to meeting and building a relationship with you. You are welcome to become a member at the time of registration and receive a discounted conference fee.



### **Reserve Your Room:**

*Wyndham Indianapolis West:  
2544 Executive Drive  
Indianapolis, IN 46241*

*Reserve your room at a special discounted rate by calling 317-248-2481 - ask to be included in the "IN Assoc. of Behavioral Consults" block.*

*Rooms are available for the nights of October 31 through November 3*

# Conference Agenda

## THURSDAY, NOVEMBER 1

**8:15 - 8:45am**

*Registration and Continental Breakfast*

**8:45am**

INABC Membership Meeting

*Welcome, Committee Reports, Introduction of Officer Nominees, Officer Elections*

**9:45am**

Annual INABC Professional Liaison Report

*Kelly Hartman*

**10:30am**

*Break & Sign-in for ARC of Indiana and Self Advocates of Indiana Presentation*

**10:45am**

Arc of Indiana and Self Advocates of Indiana

*Supported Decision Making*

**11:45am - 12:30pm**

*Lunch*

**12:30p**

*Registration and Sign-In for this year's Keynote Address*

**12:45 - 3:45p**

Keynote Address with Kari Dunn Buron

*Neuroscience of Challenging Behavior*

## FRIDAY, NOVEMBER 2

**8:15 - 8:45am**

*Registration and Continental Breakfast*

**8:45 - 11:45am**

Keynote Address with Kari Dunn Buron

*Making the Shift to Teaching New Skills vs. Stopping Unwanted Behavior*

**11:45am - 12:30pm**

*Lunch & Sign-in for Breakout Session 1*

**12:30p - 2:00p (Breakout Session 1)**

Heather Meyer, MS, LMHC

*The Nurtured Heart Approach*

Jennifer Chance, BCBA

& Teresa Gaines, MA ABA

*Teaching Communication Using*

*ABA Techniques*

Linda Bell, LCSW & Cindy Pardue, LCSW

*Counseling Skills & Techniques*

**2:00pm**

*Break & Sign-in for Breakout Session 2*

**2:15p - 3:45p (Breakout Session 2)**

Claudia Dominik, LCSW, RPT-S

*The Power of Play in Therapy*

Sally Davies, HSPP

*Psychotropic Pharmacology*

Kelly Hartman, MA

*Culture & Perception: How We Can Really Change Behavior*

CEU Certificate / Session Attendance forms and onsite session sign-in sheets are intended to confirm your attendance and will be provided at the event.

### CEU Availability

Thursday:

Arc of Indiana and Self Advocates of Indiana (1.0)

Keynote Address (3.0)

Friday:

Keynote Address (3.0)

Breakout Sessions (1.5 each)

Category 1 Continuing Education Units (CEUs) are available to INABC through the Health Professions' Bureau for Continuing Education by the Indiana Social Worker, Marriage and Family Therapist, and Mental Health Counselor Board for: LSW, LCSW, and LMHC.

The 2018 INABC Conference agenda offers participants a maximum of 10 (ten) CEUs. Please note that all licensed clinicians are individually responsible for 1) judging the relevance of each session to their own individual professional practice and, 2) maintaining their own certificate of attendance.



**Kari Dunn Buron,  
Autism Education Specialist  
and Author**

***Ain't Just Misbehavin': The  
Emerging Debate for Educators  
about the Neuroscience of  
Challenging Behavior***

Over the past 10 years, there have been unprecedented advances in neuroscience related to the development of social behavior and emotional regulation. These advances include information about social awareness, social attention, self awareness, self management and self-control. This new research not only documents that these skills are brain-based, but emerging educational research indicates that these skills can be taught. The

information in this presentation should be a part of every team discussion for all students who exhibit upsetting, confusing, challenging or even violent behavior.

This presentation includes a brief overview of Social Cognition, Executive Function and Emotional Regulation as they relate to Social Anxiety and a Loss of Emotional Control. 5-6 specific strategies used to teach social information and emotional regulation will be presented.

Kari Dunn Buron taught in the K-12 public school system with students on the autism spectrum for 30+ years and was a founding member of the MN Autism Project. She developed an Autism Spectrum Disorders Certificate program for educators at Hamline University in St. Paul, MN and is on the Advisory Board for the Autism Society of Trinidad and Tobago and the Autism Society of MN. In 2003, Kari received a Self-designed Fellowship that allowed her to spend a year interviewing and working internationally with a number of scientists and

researchers in the area of Neuroscience, Social Cognition, Education and Autism with a focus on challenging behaviors. Kari has presented her work both nationally and internationally and in 2012, she was inducted into the Illinois State University Department of Education Hall of Fame.

Kari is the co-author of The Incredible 5-Point Scale, and the author of When My Worries Get Too Big (winner of the 2013 Mom's Choice Award), A 5 Could Make Me Lose Control! and A 5 is Against the Law! (2008 ASA literary award winner). Kari is the co-editor of a textbook for educators titled Learners on the Autism Spectrum: Preparing Highly Qualified Educators (2009 ASA literary award winner). Kari co-authored a book for college students and young adults with autism entitled Social Behavior and Self-Management and wrote an early chapter book for children ages 7-12 entitled Adalyn's Clare about a highly anxious 4th grader and her social therapy dog, Clare. Kari's latest project is a social skill curriculum based on her Social Times magazines titled The Social Times Curriculum.



**DSPIN: Direct Support  
Professionals of Indiana**

INABC is excited to share our conference experience with Direct Support Professionals of Indiana. It is strong partnerships and collaboration between all professionals who are committed to providing the best supports possible that will make the difference in people's lives.

Direct Support Professionals of Indiana is a group of Direct Support Professionals and advocates from around the state interested in creating positive change and building a qualified workforce. We are committed to being an active partner in shaping public policies including those that encourage professional development, commensurate wages and opportunities for advancement.



**Heather Meyer, MS, LMHC**

***The Nurtured Heart Approach***

Heather is a Licensed Mental Health Counselor and Certified Nurtured Heart Approach (NHA) Advanced Trainer. For 25 years, she has been dedicated to supporting individuals with emotional and behavioral issues to grow in their inner wealth and shift their intensity into positive purpose and relationship. She is the trusted authority in Central Indiana and the surrounding areas on the implementation of the NHA and shares this transformation social emotional methodology through her counseling and consulting practice, Dynamic Wisdom, LLC.

Heather's additional clinical experience includes: behavioral consultation with parents, caregivers, residential agencies, day programs and school personnel; intensive court ordered therapeutic mental health therapy services for parents, children and teens; residential services for individuals with intellectual and developmental disabilities; and therapeutic crisis intervention, as well as, ongoing roles in clinical supervision and program management.

For more information go to:  
[www.dynamicwisdom.net](http://www.dynamicwisdom.net)



**Dr. Sally Davies**

***Psychotropic Pharmacology***

Dr. Sally Davies is a licensed independent-practice psychologist and school psychologist. She earned her PhD from Indiana State University in 2011, and has taught undergraduate child development courses, childhood trauma;

graduate level cognitive assessment, behavioral assessment and intervention courses, as well as consultation and supervision.

She has served as director of the partial hospitalization program for Bloomington Meadows Hospital, and was a school-based psychologist for over a decade, where she assessed students PK-12 for disabilities (ASD, ADHD, Specific Learning Disability, and all other Article 7 eligibilities).

Currently Dr. Davies serves as a clinical supervisor for behavioral consultants throughout the state of Indiana. In her private practice location, she provides therapy services for children, adolescents,

adults, and families, as well as assessment for ADHD, ASD, and learning disorders. She continues to supervise students in the doctoral psychology program at Indiana State University and has presented at the local, state, and national level with research on collaborative care, psychotropic medications in children, home/school connections, and bullying.

Dr. Davies presentation will provide a review of the current psychotropic medications used with many individuals with disabilities, including children. Classes of medications will be reviewed, along with uses, cautions, and typical side effects of these medications. Off-label use of psychotropic medications will also be reviewed.



**Jennifer Elia, MA, BCBA  
and Teresa Gaines, MA, ABA**

***Teaching Communication  
Using ABA strategies***

Jennifer Chance, MA, BCBA, received her master's degree in Applied Behavior Analysis from Teachers College, Columbia University under the direction of Dr. Douglas Greer. While a graduate student, she taught at the Keller School where she conducted behavior analytic research and worked with preschool aged children with autism. Subsequently, Jennifer worked as a private behavioral consultant, parent educator and consultant for public schools.

She currently works at Opportunities for Positive Growth, Inc. as a behavior support specialist. Jennifer has over 13 years of experience using behavioral interventions to teach and support individuals with autism and other developmental disabilities. She is also a board-certified behavior analyst and certified special education teacher.

Teresa received her master's degree from Ball State University in 2014. Currently, she is pursuing her Board Certification as a behavior analyst.

Her professional journey started when her oldest son, Michael, was diagnosed with autism in 1998. She embarked on a mission to obtain the skills needed to help Michael. That journey took her to countless workshops, conferences, and courses in the area of autism, Applied Behavior Analysis, and many other specialties. She ultimately received her master's in Applied Behavior Analysis with a certificate in autism.

Teresa has worked with individuals who struggle with severe behavioral challenges in waiver settings, group homes, public schools, and private homes. Her experience extends to serving individuals with different diagnoses including autism, cerebral palsy, down syndrome, and traumatic brain injuries among others. She has served people in a wide range of ages from 5 to 77 years of age. Her personal goal is to advocate for parents and families trying to help their loved ones on the spectrum and to give them the tools they need to overcome the lifelong hurdles they face. Her bilingual abilities also enable her to serve the Hispanic population.



**Claudia Dominik, LCSW, RPT-S**

***The power of play in therapy with  
all ages and abilities. Why use  
play and how can our clients  
benefit?***

Claudia Dominik, LCSW, RPT-S has spent her whole career working with children and people with Intellectual and developmental disabilities. For the past 18 years Claudia's focus has been working with children. She is a Licensed Clinical Social Worker and a Registered Play Therapist Supervisor.

Claudia uses play in treating all ages and diagnosis. Claudia is presently in private practice with Christopher and Associates in Seymour, Indiana. She sees clients of all ages and abilities.



**Linda Bell, MSW, LCSW  
and Cindy Pardue, MSW, LCSW**

***Counseling Skills & Techniques***

As Behavior Support Specialists, we bring a diversity of educational backgrounds and experiences to the people we support. This workshop is designed to provide basic therapeutic strategies and techniques for the Behavior Support Specialist who wants to sharpen their clinical skills. Attendees will be provided with general counseling tools that can

be utilized in the implementation of the BSP to address various target behaviors.

Linda Bell, MSW, LCSW is a Director of Behavior Support Services for Opportunities for Positive Growth, Inc. She joined OPG in 2006. Linda earned her undergraduate degree in psychology from St. Andrews Presbyterian College in Laurinburg, North Carolina. She obtained her Master of Social Work degree from Indiana University in 1996. Her background consists of experience in various human service areas including hospice, geriatrics, medical, and elementary education. Linda loves the challenges and rewards of supporting her team as they provide meaningful and dignified support to people with I/DD.

Cindy Pardue, MSW, LCSW has been a Behavior Support Specialist

for Opportunities for Positive Growth, Inc. since 2009. She also serves as a Team Lead in the Behavior Support Services Department at OPG. Cindy graduated from Marian University with an undergraduate degree in psychology. She earned her Master of Social Work degree in 2005 from Indiana University. Prior to her employment with OPG, Cindy worked as a child and adolescent therapist at Midtown Community Mental Health Center. Cindy enjoys using her clinical background to support the diverse needs of people with I/DD.



**Kelly Hartman, MA  
IN-ABC Professional Liaison**

***Culture and Perception: How We  
Can Really Change Behavior***

Kelly is the President & CEO at Insights Consulting, Inc a company named to the Top Workplaces in Indianapolis for nine years, Co-Founder of Outside the Box, serves on the DDRS Advisory Council and has served IN-ABC since it's inception in 2001.

In her 28 year career of supporting individuals with intellectual and developmental disabilities -- she has always maintained a focus on individual's capabilities, not their

disabilities. In her passion to help people achieve better outcomes in life – she believes in building on what a person CAN do through teaching a non-aversive, person centered approach to personal success. Through her very “real” training style, Hartman is best known for her sense of humor and helping us see things from a different perspective.



# INABC 11th Annual Conference

Early registration ends October 26. However, late registrations will be accepted through the date of the conference.

**\*\* Online Registration is once again available this year \*\***

Please complete this form by **printing clearly** and then mailing, along with payment, to:

Sue Bauer, INABC Conference, 2675 S. Sunflower Drive, Bloomington, IN 47403

Name: \_\_\_\_\_

Employer: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

Phone: \_\_\_\_\_

E-mail: \_\_\_\_\_

**Select your registration rate:**

**Select events you will be attending:**

***Early Registration Rate (by Oct. 26, 2018):***

\_\_\_\_\_ INABC member (\$200)

\_\_\_\_\_ Non INABC member (\$250)\*

***Late Registration Rate (after Oct. 26, 2018):***

\_\_\_\_\_ INABC member (\$250)

\_\_\_\_\_ Non INABC (\$300)\*

\_\_\_\_\_ INABC Membership Meeting

\_\_\_\_\_ Arc of Indiana and Self-Advocates of Indiana

\_\_\_\_\_ Keynote Speaker, November 1

\_\_\_\_\_ Thursday Breakouts, November 1  
(including lunch)

\_\_\_\_\_ Friday Keynote and Breakouts, November 2  
(including lunch)

**Meals are served buffet style. Vegetarian diets will be accommodated.  
Please be aware that other dietary needs are unable to be met at this time.**

\*Non-members are invited to become 2019 members and register for the conference at the member rate. Please check below to indicate that you wish to become a 2019 member and also include \$100 for 2019 membership plus the conference registration fee along with this form.

\_\_\_\_\_ I wish to become an IN-ABC Member for 2019 and have included payment for both membership and the conference.

**\*\* 2018 CEU Certificate Protocol \*\* — To insure that you receive an accurate accounting of CEU credits, please be certain to; 1) obtain a CEU Certificate of Attendance form during conference registration, 2) physically sign in to each session that you attend, and 3) obtain an official INABC validation stamp before exiting each session.**